



# February

PeaceBenWilliams Blog

BROOKLETTS PLACE  
TALBOT SENIOR CENTER  
400 BROOKLETTS AVENUE \* EASTON, MD  
410-822-2869

FEBRUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BLACK HISTORY MONTH</b> 	<b>AMERICAN HEART MONTH</b> 	<b>1</b> 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn & Needle Group 10:00 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch	<b>2</b> 8:00 Enhance Fitness 9:00 Coffee Hour 9:00 AARP Tax Aide 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:00 <b>MD Crimes Victims Clinic</b> 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 5:00 TOPS <b>GROUNDHOG DAY</b>	<b>3</b> 8:30 Zumba Gold 9:00 Coffee Hour 9:00 AARP Tax Aide 10:00 Mahjong 11:30 Toastmaster's 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
<b>6</b> 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 <b>Lunch/DJ Chuckie</b> 12:30 Mahjong	<b>7</b> 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 12:00 Lunch 12:30 Pinochle	<b>8</b> 8:30 Comm. On Aging 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn & Needle Group 10:00 Blood Pressure Screening 11:00 Duplicate Bridge 12:00 Lunch 1:00 Wii Bowling @ Parkview	<b>9</b> 8:00 Enhance Fitness 9:00 Coffee Hour 9:00 AARP Tax Aide 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 T'ai Chi @TCCC 11:00 Canasta 12:00 <b>Lunch/Valentine Luncheon w/Royce Ball</b> 5:00 TOPS	<b>10</b> 8:30 Zumba Gold 9:00 Coffee Hour 9:00 AARP Tax Aide 10:00 Mahjong 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
<b>13</b> 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong 5:30 Diabetic Support Group	<b>14</b> 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 <b>Free Craft w/First Baptist</b> 10:00 Contract Bridge 12:00 <b>Lunch w/GERDAN</b> 12:30 Pinochle  <b>VALENTINE'S DAY</b> 	<b>15</b> 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn & Needle Group 10:00 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch	<b>16</b> 8:00 Enhance Fitness 9:00 Coffee Hour 9:00 AARP Tax Aide 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:00 <b>MD Crimes Victims Clinic</b> 10:30 <b>Edward Jones w/Tom Duncan Presents: "Why You Need an Estate Plan"</b> 10:30 Grocery Bingo 10:45 Balance: Fall Prevention 11:00 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 5:00 TOPS	<b>17</b> 8:30 Zumba Gold 9:00 Coffee Hour 9:00 AARP Tax Aide 10:00 Mahjong 11:30 Toastmaster's 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
<b>20</b> <b>CLOSED</b> 	<b>21</b> 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Contract Bridge 12:00 <b>Lunch/Laurie Toms &amp; Company</b> 12:30 Pinochle	<b>22</b> 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:00 Gentle Yoga 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 10:30 <b>Positive Music w/DJ Randy P</b> 11:00 Duplicate Bridge 12:00 Lunch	<b>23</b> 9:00 Coffee Hour 9:00 AARP Tax Aide 10:00 Intermediate Watercolor 10:00 <b>Elder Law Clinic</b> 10:30 <b>Edward Jones w/Tom Duncan Presents: "Preparing Your Estate Plan"</b> 10:30 Po-Ken-O 11:00 Canasta 11:30 <b>Dutch Lunch Out InJapan</b> 12:00 Lunch 5:00 TOPS	<b>24</b> 8:30 Zumba Gold 9:00 Coffee Hour 9:00 AARP Tax Aide 10:00 Mahjong 12:00 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
<b>27</b> 9:00 Coffee Hour 10:00 Advance Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong	<b>28</b> 9:00 Coffee Hour 10:00 Contract Bridge 10:30 <b>Cabin Fever Relievers Series</b> 12:00 <b>Lunch/Music Celebration w/Shelley Abbott</b> 12:30 Pinochle <b>SHROVE TUESDAY</b> 	<b>FEBRUARY BIRTHSTONE</b>  <b>AMETHYST</b>  <b>FEBRUARY FLOWER</b>  <b>VIOLETS</b>	<b>Calendar of Events on the WEB:</b> <a href="http://www.talbotcountymd.gov">www.talbotcountymd.gov</a> Community/Other Local Agencies/Senior Center & as a link on the Town of Easton's website <a href="http://www.town-eastonmd.com">www.town-eastonmd.com</a> Community/Talbot Senior Center Also available on the Eastern Shore Senior Website: <a href="http://www.easternshoresenior.com/content/talbotseniorentercalendar">http://www.easternshoresenior.com/content/talbotseniorentercalendar</a>	<b>VISIT US ON OUR WEBSITE:</b> <a href="http://www.brooklettsplace.org">www.brooklettsplace.org</a>  <b>VISIT US ON FACEBOOK AT BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER</b>

## BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER – FEBRUARY 2017

Visit our Facebook Page: [Brookletts Place – Talbot County Senior Center](#)

### OUTINGS & EVENTS:

**Mon., Feb. 6** – (12:00 p.m. – 1:00 p.m.) Come out and enjoy the sounds of *DJ Chuckie*. **Advance sign-up for lunch is required** or you may bring your own lunch.

**Thurs., Feb. 9** – (12:00 p.m. – 1:00 p.m.) VALENTINE DAY LUNCHEON W/ ROYCE BALL. Royce Ball has been performing music publicly since he was a teenager. His style ranges from Country, to 50' and 60's and popular standards. **Advance sign-up for lunch is required** or you may bring your own lunch.

**Tues., Feb. 14** - (12:15 p.m. - 1:00 p.m.) *GERDAN: Soul of Ukraine Valentine's Day Celebration! The acclaimed husband and wife duo of Andrei Pidkivka and Solomia Gorokhivska will take us on an unforgettable journey through their native Ukraine and other neighboring countries, exploring the rich classical and folk music traditions of Eastern Europe. Andrei's exotic flutes, from the small ocarina to the large fujara, are accompanied by Solomia's violin and vocals. Advance sign-up for lunch required by February 1* or you may bring your own. *This concert is made possible by the generous support of the Talbot County Arts Council, the Maryland State Arts Council, Mid-Shore Community Foundation (MSCF), Dock Street Foundation, Brookletts Place, and by individual contributions to the Carpe Diem Arts Outreach Fund c/o MSCF.*

**Tues., Feb. 21** - (12:00 p.m. – 12:30 p.m.) *Lunch/Music with Laurie Toms & Company. Advance sign up for lunch is required by February 7* or you may bring your own lunch.

**Thurs. Feb 23** – (11:30 a.m. – 1:30 p.m.) Dutch Lunch Out “InJapan” 101 Marlboro Ave., Easton, MD Bus will leave Brookletts Place 11:30 a.m. and return 1:30 p.m. **Advance signup is required by February 16<sup>th</sup> as space is limited.**

**Tues., Feb. 28** – (12:00 p.m. – 1:00 p.m.) Lunch/*Musical Celebration with Shelley Abbott. Advance sign-up for lunch required by February 14* or you may bring your own lunch.

**UPCOMING TRIPS:** All trips are open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips.

For a complete list of 2017 Trips, please visit our website [www.brooklettsplace.org](http://www.brooklettsplace.org) or stop by the senior center and pick up a copy of our 2017 Travel Log.

<b>May 16, 2017</b>	<b><i>Shorebirds Game, Salisbury, MD</i></b> \$35.00 per person includes bus transportation, admission to the game with food voucher for hot dog, chips and drink. The bus will leave the Senior Center 8:30am to arrive at Perdue Stadium for a 10:30 a.m. game against the Greenville Drive. Throughout this offseason, Perdue Stadium will receive significant upgrades to all stadium seating. All seats in the ballpark (including the general admission bleachers) will be replaced with brand new reserved seats, ergonomically designed to maximize comfort. <b>PAYMENT IN FULL IS DUE BY APRIL 11, 2017</b>
<b>May 25, 2017</b>	<b><i>Cape May, NJ</i></b> \$155.00 per person includes bus transportation, round trip ride on the Cape May – Lewes Ferry, Lunch at the Washington Inn, Tour of the Physick Estate, including the Carriage House Exhibit, Trolley tour of Cape May's Historic District, Shopping at Washington Street Mall, all taxes and gratuities and souvenir gift. <b>\$75.00 DEPOSIT IS DUE MARCH 3, 2017 WITH FINAL PAYMENT DUE BY APRIL 4, 2017</b>
<b>June 18-23, 2017</b>	<b><i>Cape Cod, MA</i></b> 6 days/5 nights bus trip, \$800 per person double occupancy/\$995.00 single occupancy. Package includes 4 nights lodging in Cape Cod, 1 night's lodging at Great Cedar Resort, including \$15 Food Bonus and \$10 Slot Bonus at Foxwood Casino, 4 Breakfasts, 3 Dinners, Evening of entertainment, Fully escorted tours of Provincetown, Chatham, Plymouth & Plymouth Rock, Historic Sandwich, Hyannis area including Kennedy Memorial & Main Street. Also, High-speed ferry to Martha's Vineyard w/touring, Cape Cod Canal Visitor's Center, Hyannis Harbor Cruise with view of Kennedy Compound. All taxes and gratuities are included. <b>\$200.00 DEPOSIT IS DUE FEBRUARY 24, 2017 WITH FINAL PAYMENT DUE BY APRIL 14, 2017.</b>
<b>March 15-24, 2018</b>	<b><i>Southeast Coast &amp; Bahamas Cruise</i></b> 10 days/9nights aboard the <i>Royal Caribbean “Grandeur of the Seas”</i> leaving from Baltimore with stops in Charleston, SC, Orlando (Port Canaveral), FL, Miami, FL, Nassau, Bahamas & CocoCay, Bahamas. Inside Cabin Category N- \$1,168 double \$1,997 single or Inside Cabin Category M - \$1,376 double \$1,171 triple \$1,069 quad \$2,413 single or Outside Cabin Category I - \$1,253 double \$2,167 single or Outside Cabin Category F - \$1,529 double \$1,273 triple \$1,146 quad \$2,719 single or Balcony Cabin Category D2 - \$1,733 double \$3,127 single or Balcony Cabin Category D1 - \$2,330 double \$1,924 triple \$1,721 quad \$4,321 single. Rates are per person and include cruise, port charges, roundtrip transportation to/from airport and government fees. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required by <b>March 1, 2017</b> in order to secure reservations and assign cabins. <u><b>Final balance is due by November 15, 2017.</b></u> Those who book early get the best prices, the best cabin locations and their preferred dining times. <b>PASSPORT REQUIRED</b>

**FREE PROGRAMS:** **Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!**

- **Thurs., Feb 2 & Feb 16** – (10:00 a.m. – 2:00 p.m.) *Maryland Crime Victims’* Resource Center, Inc. will be meeting with victims of crime who may need help navigating the legal system, calculating restitution, need a referral to counseling, or just don’t know where to begin. You can call 301-952-0063 to set up an appointment or just walk in.
- **Tues., Feb 14** - (10:00 a.m. – 11:00 a.m.) Free “Valentine Bear” Craft - Compliments of First Baptist Church, taught by Liz Lynch, Bob Lynch, & Judith Grobler. Limited to 20 participants – Advance sign-up is required.
- **Thurs., Feb 16** (10:30 a.m.- 11:30 a.m.) *Edward Jones Seminar* facilitated by Tom Duncan/financial advisor presents: Script Your Family’s Future: “Why You Need an Estate Plan”. We’ll discuss strategies you may want to consider when planning your estate, including: • How your assets are distributed to your family • Who will take care of your minor or special needs children • Who will make medical or financial decisions for you if you can’t make them yourself. **ADVANCE REGISTRATION IS REQUIRED AS SPACE IS LIMITED.**
- **Wed., Feb 22** – (10:30 a.m. – 11:30 a.m.) “*Positive Music w/DJ Randy P*” Reduce your weekly stress by enjoying a fun, safe, and positive musical experience in a motivation environment.
- **Thurs., Feb 23** (10:30 a.m.- 11:30 a.m.) *Edward Jones Seminar* facilitated by Tom Duncan/financial advisor presents: Part Two: It’s a topic people tend to put off or ignore, but one of the most important things you can do is to develop a sound estate plan. Doing so lets you take a giant step toward a more secure future for yourself and generations to come. Attend our “Preparing Your Estate Plan” presentation and you’ll learn more about: • What to consider when creating your will • The benefits of trusts in estate planning • How to help reduce taxes on your estate • How insurance can help protect your family. **ADVANCE REGISTRATION IS REQUIRED AS SPACE IS LIMITED.**
- **Thurs., Feb 23** - (10:00 a.m. – 1:00 p.m.) *Elder Law Clinic* Attorneys will be present **(by appointment only)** to discuss legal issues pertaining to seniors to include: Elder Abuse, Adult Guardianship; homeowner and consumer related issues and much, much, more. Contact Mid-Shore Pro-Bono at 410-690-8128 for an appointment or additional information.
- **Tues., Feb 28** – (10:30 a.m. – 11:30 a.m.) “*Cabin Fever Relievers*” The holidays are over, but winter is still here. How do you pass the time? Come beat the blues with Talbot County Master Gardener Cabin Fever Reliever series! Free and open to the public, our lectures are a variety of topics to get you ready to fling this spring. Some lectures include hand's-on experiences, so get ready to get dirty! **Advance signup is required as space is limited.**

### SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES

- Advanced Beginners Watercolor Class – Every Monday (10:00 a.m. – 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Gentle Yoga with Cyndi Prudhomme - Every Wed. (9:00 a.m. – 10:00 a.m.) \$8.00 per class drop-in fee
- Intermediate Watercolor - Every Thursday (10:00 a.m. – 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Beginning Oil Painting – Every Wednesday (9:00 a.m. – 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register
- Zumba Gold - Every Fri. (8:30 a.m. – 9:15 a.m.) Cyndi Prudhomme, Instructor - \$30.00 per session or \$5.00 per class drop in fee
- Keyboard /Guitar Lessons Every Friday (12:00 p.m. – 1:00 p.m.) \$5.00 per week taught by Quinn Parsley of Mike Elzey’s Guitar Studio
- Spanish Fun Conversation Class - Every Friday (1:00 p.m. – 2:00 p.m.) \$5.00 per week taught by Roberto Padron

### OTHER PROGRAMS:

- **Mahjong** – Every Monday 12:30 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome – 1<sup>st</sup> Friday of each month is designated as “New Players Day”. Come and learn!
- **Diabetic Support Group** – Every 2<sup>nd</sup> Monday 5:30 p.m. Contact Doris Allen, BSN,RN,CDE Univ. of MD Center for Diabetes & Endocrinology 410-822-1000 X5195
- **Contract Bridge** – Every Tuesday 10:00 a.m. in Exercise Room #2 - Free Instruction for Beginners with advance notice
- **Pinochle** – Every Tuesday 12:30 p.m. in the Game Room – Willing to teach Beginners at any time
- **Shore Line Dancing** – Every Tuesday 7:00 p.m. – 9:00 p.m. FEE Applies, 1<sup>st</sup> time free. For additional information please contact Joyce at 410-228-9200 or Garon at 410-820-7176
- **Video (Wii) Bowling** - Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team! (2<sup>nd</sup> Wednesday at Park View 1PM)
- **Blood Pressure Screening** – 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of each month at 10:00 a.m.
- **MD Crime Victims** – Every 1<sup>st</sup> & 3<sup>rd</sup> Thursday 10 a.m. – 2 p.m. You can call 301-952-0063 to set up an appointment or just walk in.
- **Elder Law Clinic** – Every 4<sup>th</sup> Thursday 10:00 a.m. – 1:00 p.m. **BY APPOINTMENT ONLY** Contact Mid-Shore Pro-Bono at 410-690-8128
- **Canasta** – Every Thursday 11:00 a.m. in the Upstairs Lobby – *Currently for those who already know how to play.* Beginners instruction 1<sup>st</sup> Wednesday of each month from 12:00 p.m. – 3:00 p.m. – Advance notice requested for instruction
- **Poetry at Noon** – Every Friday in the Conference Room

**AARP TAX ASSISTANCE 2017:** Free tax aide program sponsored by AARP for seniors, disabled persons and anyone with low-moderate income for the 2016 tax year will be available again this year at “Brookletts Place”. Tax preparation time frames may be scheduled for Thursday & Friday appointments from 9AM-1PM by calling the senior center at 410-822-2869.